

Year 9/10 Textiles - Face Masks





Students in Year 9/10 textiles have been busy making face masks. With the difficult times we are living in at the moment it is good to see that learning a sewing skill can be put to a very practical application. Students have produced masks in various fabrics and by looking at their eyes, we are fairly certain that there are smiles behind those masks.













A message from the Principal....

****Covid 19 Announcement - Compulsory Face Masks****

On Thursday morning it was announced that face masks will become compulsory for all of Regional Victoria from Sunday night. We have not yet been advised by the State Government, or the Education Department, what will be required of staff and students while they are attending School. As soon as we have advice of what is required we will notify our school community. As this may not happen by tomorrow, we recommend that all families check their Xuno Parent Portal or follow our school media platforms (Facebook, school website) over the weekend for updates.

2021 Subject Selection Information Night

This year our subject selection evening will be held on Wednesday August 12th as a webinar. This means families will be able to tune in remotely from the comfort of their own home. Details regarding the link will be sent out to families next week. We will also be publishing a website that will contain more detailed information regarding the variety of subjects and programs on offer in 2021. Students will be given Subject Selection Handbooks to take home and discuss with families before the information night.

The information session for students in Years 9 & 10 in 2021 will commence at 6pm with the session for senior students (Years 11 & 12 in 2021) to follow at 6:30pm.

Please aim to keep this date free and if you have any questions please call the school on 5352 4177 or email us on Ararat.sc@education.vic.gov.au

Student Elevate Sessions

Yesterday our Year 7 and 8 students participated in Elevate sessions that have focused on the important skills of time management and study skills. These workshops are always fun, engaging and informative. The students are provided with lots of different ways they can improve in these key areas.

Our Year 12 students completed a session that focuses on preparation for end of their senior studies, specifically relating to stress management techniques, wellbeing and effective study routines to implement during holidays and the lead up to exams. Students are also then provided with access to some fantastic resources that they can use for the remainder of the year.

Mathematics Competition

Today a number of students from Year 7-10 have participated in the National Maths Competition. Congratulations to these students for being involved and putting their maths skills to the test. It is fantastic to have so many students representing the school!

Positive Behaviour Awards

Responsibility Excellence Respect 7 LANCASTER Lily **BILLETT Ruby** 7 **CLEARY Logan** 8 JACKSON Lane **EVANS Ruby** 7 **BOND Chloe** 8 **BOWDEN Samuel** JENNINGS Jim 7 JENKINS Reggie 8 **KEILAR Milly CLEARY Logan** 7 MCADIE Ryan 8 MCDONALD Olivia **CRAWFORD Aston** 7 MCKINNIS Gio **MERRICK Summer** 8 7 MCKINNON Ethan LANCASTER Lily 8 SCOTT COCHRANE Kaiti MANGELSDORF A'Leaha 7 STARICK Maxi **BAKKER Gracie** 10 **TONER Patrick** 7 STARICK Maxi 10 7 **DAY Taneka WELLS Connor** TOWNSEND Caleb **DICKSON William** 10 **COOPER Rahni** 8 WARD Jesse **JONES Cara** 10 **KEILAR Milly** 8 COOPER Rahni MCADIE Holly 10 **DOWLING Hayden MERRICK Summer** 8 SHILL Tyson 10 PROPHET Allie 8 **EVANS Ruby SMITHWICK Fyn** 10 SCOTT COCHRANE Kaiti 8 **GRAHAM Olivia TURNER Bailee** 10 **BAKKER Gracie** 10 **INTERLANDI** Rhylan JONES Ashlyn **DIDOMENICO Ari** 10 **July Award Winners HOPE Cain** 10 **KEILAR Milly LANCASTER** Damien LOW Kiauna 10 Year 7 & 8 (Junior School) MILSOME Kiera 10 LOW David Lily Lancaster MCDONALD Olivia **CARTER Bianca** 11 **MERRICK Summer** LANCASTER Seth 11 **Hugh Toner** MITCHELL Jaxon 11 **RICHARDS Jaz** Year 9 & 10 (Middle School) **PRICE Nathan** 11 SCOTT COCHRANE Kaiti SHERWELL Monique **SELLON Kate** 11 Caitlin O'Brien **SHERWELL Olivia** SHEFFIELD Emily 11 Taneka Day **TONER Hugh CHACE Mia** Year 11 & 12 (Senior School) FLAVELL Aiden **KUZMICH** Jyelan Taryn Kelly **MAJUK Adaw**

Positive Behaviour Awards

Carly Sporton

Congratulations to all students who have received Positive Behaviour Nominations for the month of July! It is always fantastic to see all the wonderful things our students are getting up to and how they are demonstrating our values in action - Respect, Responsibility, Excellence. Award winners are selected randomly at each Sub School where each nomination earns an entry in to the draw. Congratulations to the July award winners, don't forget to come to the front office to collect your prize!

Ellie McDougall **Principal**

THO	OMAS Jake	10
LEG	GETT Claire	11
LEV	VIS Emily	11
SHE	FFIELD Emily	11
WA	RD Jack	11
FLA	VELL Tyra	12
KEL	.LY Taryn	12
LO۱	N Jessica	12
MC	RALE Jackson	12
PUI	RNELL Michael	12
SPC	ORTON Carly	12

TATE Molly-Ann **COOPER Logan**

CULPH Chandler

JENNINGS Joseph

HOPE Cain

JONES Cara

O'BRIEN Caitlin

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Respect - Responsibility - Excellence

2021 Subject Selection Evening

Families of students who are completing Years 9-12 in 2021 are invited to attend our information session on subjects and programs on offer and details of the subject selection process.

WEDNESDAY AUGUST 12TH YEARS 9 & 10 @ 6PM YEAR 11 & 12 @ 6:30PM

This will be held virtually, details regarding link will be available next week!

For more information please call the office on 5352 4177 or email: ararat.sc@education.vic.gov.au

Year 10 Science - DNA

In year 10 science we have been looking at DNA and how we are all different due to our genetic makeup. To do this, we have extracted DNA from fruit by breaking down the cell and nuclear membranes, where DNA is stored, precipitating DNA using alcohol. We have also looked at how DNA replicates before cell division and modelled meiosis using plasticine. We thank our lab tech Donna for the lab preparation. These lab practicals are an important precursor for those looking at studying Biology as a subject in year 11.



Ms Gaylard and Mr Barrie



















Ararat College has established an alumni program to help our former students keep in touch with us.

Alumni from Ararat High School and Ararat Technical School are also part of our alumni community. Being part of an alumni community can be a rewarding and fulfilling experience.

Through our alumni community you can:

- Advise, help and inspire current students at Ararat College
- Network with other ex-students working or studying in areas relevant to you
- Stay connected to the people you studied and socialised with
- Receive Alumni Newsletters with updates on past students and current happenings at Ararat College

If you would like to be involved, please go to the College website to our Alumni page and register your details. We look forward to hearing from our past students.

Sarah Fratin has registered her support and has given us an insight into her life after completing school. We thank her for her story and hope this will inspire others to share their story as well.

SARAH FRATIN - Class of 2004

Favourite Memories at School?

Making lifelong friends

Who was your favourite teacher(s) and why?

Mrs Brennan – She was the best Maths teacher!

What are you up to now?

After leaving school and completing my diploma of beauty therapy, I moved to Melbourne and worked in a clinic. After some time I was promoted to manager, which was wonderful in up-skilling my business management. Becoming home sick for the country lifestyle again I moved back to Ararat in 2007. At the ripe age of 20 I opened my skin clinic. 13 years later, it is now a successful award winning clinic, which has employed numerous Ararat College students over the time, two of whom have worked in the clinic for over 9 years. I still love what I do there every day and feel honoured to be able to share the clinic with both my staff and my clients.

What advice would you give our current students?

The sky is the limit. With hard work, passion and dedication anything is achievable.



Addressing anxieties in your children and within your family arising from COVID19.

Register here

Click here to register for the webinar.

WEBINAR

6.30pm - 7.45pm Wednesday 5 August 2020

Dr Lyn O'Grady Community Psychologist & Jac Van Velsen Mental Health and Wellbeing Educator

This webinar will explore anxiety and how it might play a role in the lives of children, young people and families during times such as a pandemic. While some anxious feelings can be helpful and keep us safe, sometimes anxiety can become a concern. How to respond to anxiety to reduce its impact and help build resilience will be outlined.

Dr Lyn O'Grady is a Community Psychologist. She is currently working in private practice as well as training and supervising psychology interns. Her experience over the last three decades includes working with parents, as a school psychologist and as a national manager of the KidsMatter project, a mental health promotion, prevention and early intervention initiative. She has recently published her first book, Keeping our Kids Safe, Parenting Suicidal Teenagers

Jac Van Velsen works for WISA Wellbeing in Schools Australia and is a writer and presenter of health and wellbeing professional learning resources for school communities, including staff, students and families.

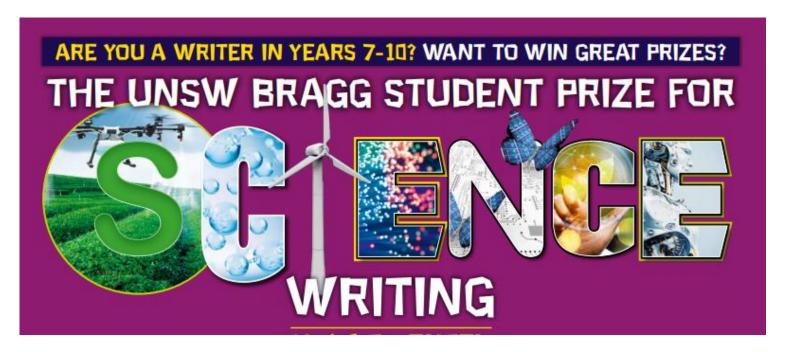
COST: Free thanks to the support of the School Focused Youth Service at Grampians Community Health.

TO ATTEND REGISTER HERE or send your name, school and email to Jac Van Velsen E. Jac@wisawellbeing.com.au T. 0423 823 145

ANY QUERIES contact Jac, as above or Maurice Billi, School Focused Youth Service E. Maurice.b@gch.org.au T. 0409 971 690





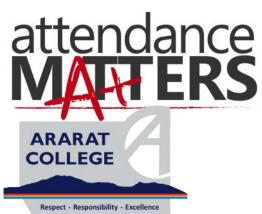


What are the solutions that will help us to address global challenges such as catastrophic climate change, global pandemics, severe weather and sea level rise?

From bushfire science using smart satellites and Indigenous know-how, to vaccine development, citizen science apps tracking insect population decline, and science that literally creates water from air, in 800 words, describe some scientific research that has delivered a solution that you believe could change the future for our planet.

Please send or hand in draft copies to Ms Gaylard for submission.





At the end of each term, students who achieved 98% - 100% attendance and those students who have shown most IMPROVED attendance will receive a certificate and go into a draw to win random prizes.

The prizes are donated by local business and Ararat College.

CONGRATULATIONS TO OUR TERM 2 PRIZE WINNERS



































Harvey Norman





THE REJECT SHOP





On behalf of Ararat College I would like to thank those businesses that have so kindly donated to assist with prizes for our students.

It is greatly appreciated by the school, our community and the students.





Victoria – NDIS COVID Updates for School Aged Participants

Virtual Information Sessions

The National Disability Insurance Agency would like to invite Victorian families and carers of school aged children to attend a session about NDIS updates in the current COVID-19 environment.

Topics covered will include:

- NDIS updates regarding COVID-19
- . The role of the NDIS and the role of the Department of Education and Training
- Where to go for further information

Please note that two sessions will be offered each week for two weeks, to allow flexibility for attendees. Each session will cover the same content, and will have a maximum capacity of 100 attendees.

Due to COVID-19, this session will be held via videoconference using Microsoft Teams. Details on how to log into the session will be forwarded to all attendees two days prior to the session date, using the email address provided at registration.

You are encouraged to register your interest as early as possible (at least three days prior) to ensure session log in details are forwarded to you.

For any enquiries regarding this session, please contact community.engagement.vic@ndis.gov.au



AVCAT SCHOLARSHIPS

Tertiary scholarships for children and grandchildren of Australian ex-serving veterans

Applications open Vietnam Veterans Day 18 August 2020

Scholarships provide up to \$4000 per year, for three years, to full-time students at university, TAFE or RTO.

To be eligible a student must be the child, stepchild, foster child or grandchild of an ex-serving Australian veteran. Scholarships are awarded to students based on financial need and academic merit.

Apply online by midnight 31 October 2020

avcat.org.au

Changes to the College Canteen

Our College Canteen has been trialling a system requiring students to order their lunch at recess. After much deliberation, it has been decided to proceed with **'lunch order only'** on a permanent basis. Recess will still run as normal.

This decision helps:

- the canteen to have minimal food on display
- · provide quicker delivery of food to the students and avoid the lengthy lunchtime queues
- to greatly reduce wastage of food

Please note:

- that all menu items are available for lunch orders
- orders MUST be placed by the end of recess
- Senior students can place their orders in the Senior Centre

Recess Specials If students would like to order a recess special for lunch they **MUST** speak to a canteen staff member at the start of recess.

Xuno - Parent Portal

Your Gateway to strong communication!

Parents or guardians who would like assistance in setting up or using the portal are strongly encouraged to contact the college office on 5352 4177. Our friendly staff will be more than happy to assist you in setting up your account and will walk you through how to use this essential communication platform.

The portal is password protected and secure, and gives parents the ability to:

- View attendance and notify the school of a student absence
- · Communicate directly with your child's teachers
- Make bookings for student /parent /teacher conferences
- Download and view progress reports
- View homework and assignments
- View student timetables
- Excursion/Camp permission approval
- Receive notifications
- Access school calendar

Accessing The Parent Portal

- by installing the mobile App available free from the App Store or Google Play.
- Via the website https://smtool.araratcc.vic.edu.au

August 2020			
Week 4	Monday	3	
	Tuesday	4	
	Wednesday	5	
	Thursday	6	
	Friday	7	
Week 5	Monday	10	
	Tuesday	11	
	Wednesday	12	
	Thursday	13	Year 10 Immunisation
	Friday	14	

Ararat College is committed to child safety (Ministerial Order No. 870) and takes all reasonable steps to ensure that the safety of our students is paramount.

Ararat College acknowledges the Traditional Owners of the country throughout Victoria. We pay our respects to them, their culture and their Elders past, present and emerging.