



Welcome back everyone.

Welcome back to all of our students and families for the 2020 school year. I hope that everyone had a safe and enjoyable break and was able to spend time with family and friends over Christmas and New Year. I would like to give a special welcome to all of our Year 7 students and also to the new students and families we have joining our school community!

I am excited to introduce our new staff members that will be joining us in 2020:

Miss Naylor – English

Miss Gaylard – Science

Mr Barrie – Science and Maths

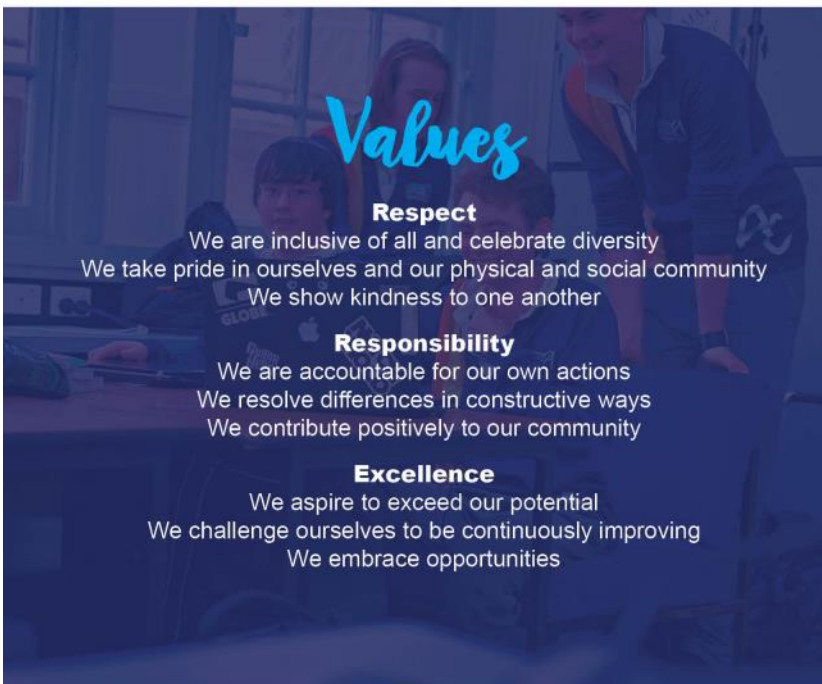
Mr Thompson – PE, Health and Maths

All bring a wealth of knowledge in their respective content areas!



School Values, Mission Statement and Motto

At our presentation evening at the end of last year we unveiled our new school values, mission statement and motto. The actions of all members of our school should reflect these so that we can ensure every person feels safe and ready to learn!



Contacting our school

Our school prides itself on encouraging parents to take an active interest in their child's education and we welcome your enquiries. If you have any concerns that you wish to have addressed, or any positive feedback that you wish to offer, please do not hesitate to contact us. You will find our office staff extremely helpful and professional and our team of coordinators equally so.



Year 11 and 12
Senior School Leader
Melissa Murnane

Murnane.melissa.m@edumail.vic.gov.au



Year 9 and 10
Middle School Leader
Kriss Ellis

Ellis.kriss.k@edumail.vic.gov.au



Year 9 and 10
Middle School Coordinator
Janine Poole

Poole.janine.r@edumail.vic.gov.au



Year 7 and 8
Junior School Leader
Angela Ettles

Ettles.angela.1@edumail.vic.gov.au



Year 7 and 8
Junior School Coordinator
Ben Krol

Krol.benjamin.b@edumail.vic.gov.au

School Uniform

It has been great to see students return to school looking stylish in their school uniforms. It is an expectation of all students that they follow the uniform policy and if you have any questions regarding this, or if you would like assistance with gaining some uniform, please do not hesitate in contacting the school. It is also important that students wear a hat in Term 1 and Term 4 so that they have some protection from the sun. All Year 7 students have been provided with a hat, any other students that would like to purchase one, this can be done at the front office, and the hats are \$10.

School Camps

We do have two school camps in the first couple of weeks of school. Our Year 12's head to Melbourne from Monday – Wednesday next week (3/2/20 – 5/2/20). Our Year 7 students will be taking part in their camp in Halls Gap during Week 4 from Wednesday – Friday (19/2/20 - 21/2/20).

Mobile Phone Policy

We have begun implementing our new mobile phone policy as part of the Ministerial Policy issued by the Minister for Education last year. All students have been provided with a brand new lock for their locker and as part of the policy they need to adhere to the following restrictions:

- Mobile phones must be switched off and stored in their locker from 8:55am – 3:25pm)
- Students are not to access their phones throughout the day and if they are seen doing this their phones will be taken by a staff member.
- Wearable devices that connect or have similar functionality to a mobile phone need to have their notifications switched off but can be worn.

The full policy can be accessed on our school website or by clicking [here](#).

So far I have been very impressed with how our students have approached this policy! The evidence is very clear in regards to the impact mobile phones can have on a student's education, so by implementing and adhering to this policy we are able to maintain a more focused and productive teaching and learning environment for our students.

The Resilience Project Ararat

Our school is extremely excited to be taking part in this community wide program! The statistics around mental health and youth (1 in 4 will experience mental ill-health and 65% of adolescents will not seek help for mental illness) clearly indicate that any support provided that provides practical, evidence-based, positive mental health strategies will be beneficial to the long term positive health outcomes of our students and whole school community. Students were all given a booklet about this program Thursday afternoon to take home to families. This provides more information about 'The Resilience Project' and also details on how to secure your ticket to the FREE community event that is happening on Monday February 24th from 7pm – 8:30pm.

Our staff will be attending a session on Monday February 24th from 4pm – 5:30pm in preparation for the curriculum implementation that will follow the information sessions.

Ellie McDougall
Acting Principal



News from the Senior School

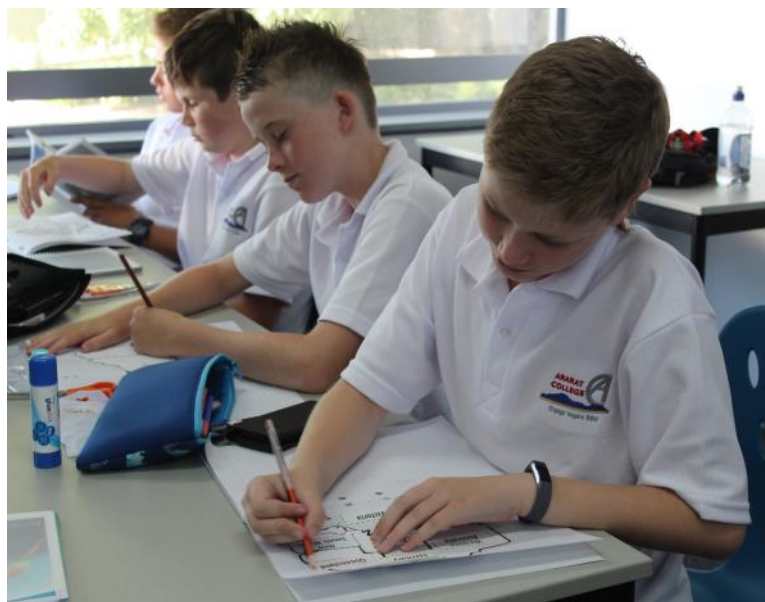
The senior school is back in full swing. We welcomed our Year 12 students back on Wednesday and Year 11 Students on Thursday. There have been a few changes with new furniture in the common area which has been well received. Year 12 students also received their jumpers this week and the design looks great. The students have been very responsible in adhering to the phone policy so far and it is great to see them socialising and communicating face to face at recess and lunch! The Year 12s head off to Melbourne for camp next Monday. Please note that there is no Year 12 VCE or VCAL classes next Monday 3rd, Tuesday 4th and Wednesday 5th February. However these students completing a VET course are required to attend their VET course on Wednesday as usual.

Year 12 Camp next week. The attending year 12 students are getting a taste of independent living and navigating around the city. The camp leaves at 7am Monday morning February 3rd at the Ararat Train station and will return on Wednesday 5th Feb at 4.45pm. A note including the itinerary and packing advice has been sent home with students. Please make sure comfortable clothes and walking shoes are worn.

Melissa Murnane
Senior School Leader

Welcome to our new students

*May we extend a warm welcome to
all our new students in all year
levels and hope they have enjoyed
their first days of school.*





WELCOME BACK

The wellbeing team would like to welcome everyone back to school this year! We hope you all had a relaxing break and made the most of the warm weather.

We would like to encourage any students or parents, particularly those of new students that may be having trouble adjusting to please contact us for support. This can be done by phoning the front office on 03 5352 4177 and asking to speak to either a coordinator or a member of the wellbeing team.

We look forward to supporting the school community during 2020 and urge everyone to come say 'Hi' when you see us around.

Taylah, Steph and Leo



SUNSMART 2020

Hi everyone,

Just a reminder with all the crazy weather we are having, to look after that beautiful skin of yours. Slip on clothing that covers your skin, slop on sunscreen to skin that is not covered up and put on a hat, grab some shade as much as you can, in particular during the middle of the day and make sure you have your sunnies to protect your eyes.

Overexposure to ultraviolet (UV) radiation causes wrinkles and skin and eye damage, ultimately leading to skin cancer.

UV cannot be seen or felt. It is not like the sun's light which we see, or the sun's warmth (infrared radiation) which we feel. Our senses cannot detect UV so it can be damaging without us knowing. There is a huge variation in UV levels across Australia. The UV level is affected by a number of factors including the time of day, time of year, cloud cover, altitude, proximity to the equator, scattering and reflection.

Take away the guesswork by adding the free SunSmart widget to your website/phone. The widget shows the sun protection times for your location in Australia, making it easier than ever to be smart about your sun exposure all year. Go to the sunsmart website for further information.

If you require any further information, please contact Leonie, Adolescent Health Nurse, at Ararat College (Monday & Tuesday),

Cheers from the Wellbeing Team.

Taylah, Steph, and Leo

ORANGE WHIP @ J WARD

WITH SPECIAL GUEST: **CHARLOTTE HARWOOD**



FRIDAY FEBRUARY 14 | GATES OPEN AT 6 PM
J WARD GAOL GIRDLESTONE ST, ARARAT

TICKETS \$30

AVAILABLE AT EGHS FRONT RECEPTION (CASH ONLY)
OR \$35 AT THE DOOR (CHILDREN 12 & UNDER FREE)

BYO Drinks and Nibbles
Delicious Dumplings available for purchase

All proceeds from this event will go towards the purchase of a new bladder scanner
and ECG for 70 Lowe St and Garden View Court

Resilient Ararat

PARTICIPATING IN THE RESILIENCE PROJECT
FEBRUARY 2020

PRESENTS

THE RESILIENCE PROJECT **ARARAT COMMUNITY SESSION**

THE
**RESILIENCE
PROJECT**

MONDAY 24 FEBRUARY 2020

ARARAT TOWN HALL

7.00PM TO 8.30PM

Book your FREE tickets online at *eventbrite*:
resilienceprojectararat.eventbrite.com.au



@ResilientArarat

Novel coronavirus (2019-nCoV)

Factsheet for school students and children

Last updated 29 January 2020

An outbreak of novel coronavirus (2019-nCoV) was detected in Wuhan, China in late December 2019. Cases have been reported predominantly in the city of Wuhan, in the Hubei province of China, as well as some other Chinese cities and countries, including two confirmed cases in Victoria, Australia.

What is this virus?

Coronaviruses can make humans and animals sick. Some coronaviruses can cause illness similar to the common cold and others can cause more serious diseases, including Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS).

The virus seen in Hubei Province, China is called 'novel' because it is new. It has not been detected before this outbreak. Most people infected live in, or travelled to, Hubei Province, China. There have been cases of 2019-nCoV reported in other Chinese provinces and other countries. It is likely that the virus originally came from an animal, and there is now evidence that it can spread from person-to-person.

What are the symptoms?

Symptoms can include fever, cough, sore throat, or shortness of breath. Symptoms can take up to 14 days to develop.

What if my child is well, and returning to school after being in Hubei province, China or other countries with cases in the last 14 days?

All students and staff members who have travelled to Hubei Province, China, are advised to stay at home and avoid public settings, including attendance at schools and early learning centres, until 14 days after last being in Hubei province, China.

Children and staff who are well and have travelled to other provinces in China, or any other areas where there have been reported cases, are NOT recommended to be excluded from schools and child care services unless the following applies:

- The person is a confirmed case of novel coronavirus
- The person is a close contact with a confirmed case of novel coronavirus in the past 14 days

What if my child feels sick now or within 14 days of being in Hubei Province, China or another part of China?

- If your child has a cough, sore throat or shortness of breath, they must be excluded from school and be reviewed by a doctor.
- Seek medical attention but first place a mask on the student if you have one and call the doctor or hospital before you attend. Tell them your child has been in Hubei province, China, or the location of travel within China.
- When you get to the hospital or doctor's clinic, tell them where your child has travelled in China and whether this included Hubei Province. Ensure a mask is placed on your child before or as soon as you arrive at the medical facility.

If your child has severe symptoms, such as shortness of breath:

- Call 000 and request an ambulance, and
- Inform the paramedics where your child has been in China

How can I help prevent the spread of 2019-nCoV?

Practising good hand and sneeze/cough hygiene is the best defence. The most important actions are:

- Wash your hands often with soap and water
- Cough and sneeze into your elbow

Where can I get more information?

For Victorian updates to the current incident, go to: <https://www.dhhs.vic.gov.au/novelcoronavirus>

For national updates: <https://www.health.gov.au/news/latest-information-about-novel-coronavirus>

For international updates: <https://www.who.int/emergencies/novel-coronavirus>

WHO resources <https://www.who.int/health-topics/coronavirus>



Health
and Human
Services

February 2020

Week 2	Monday	3	
	Tuesday	4	
	Wednesday	5	
	Thursday	6	
	Friday	7	
Week 3	Monday	10	Year 12 Camp Melbourne
	Tuesday	11	Year 12 Camp Melbourne
	Wednesday	12	Year 12 Camp Melbourne
	Thursday	13	
	Friday	14	
Week 4	Monday	17	
	Tuesday	18	
	Wednesday	19	Year 7 Camp
	Thursday	20	Year 7 Camp
	Friday	21	Year 7 Camp Year 12 English Workshop Horsham
Week 5	Monday	24	School Photos Resilience Project
	Tuesday	25	State School Spectacular Rehearsal Ballarat
	Wednesday	26	
	Thursday	27	
	Friday	28	

March 2020

Week 6	Monday	2	Black Ranges Swimming
	Tuesday	3	
	Wednesday	4	
	Thursday	5	
	Friday	6	

Ararat College is committed to child safety (Ministerial Order No. 870) and takes all reasonable steps to ensure that the safety of our students is paramount.

Ararat College acknowledges the Traditional Owners of the country throughout Victoria. We pay our respects to them, their culture and their Elders past, present and emerging.