



New Electronics Kits

Ararat College would like to extend its immense gratitude to AME Systems Pty Ltd for donating \$2,350 towards our science faculty. This funding has been invested into brand new "Electronic Kits". We acknowledge AME for investing in our students, our school and our broader community.

We will be utilising the new equipment to increase student outcomes from Year 9-12 in the field of Physics. This collaboration between Ararat College and AME will extend even further with our Year 11 students completing a SAC alongside AME. Exploring the real-world applications of electronics and see first hand the amazing industry we have in our town.

Mr Barrie's Year 11 Physics class are pictured showing off our brand new equipment.



A message from the Principal....

New STEM Equipment

This week our Year 11 Physics students were able to begin working with our new “Electronic Kits.” I would like to thank AME systems for their very generous contribution towards this equipment and for their continued support with our school programs and curriculum. A big thank you also to Mr Barrie for the work he has been doing in investigating what our local community has to offer in the field of Science and providing real life learning experiences for our students!

Lunchtime Activities

It has been great to see everyone settling back into the routine of school. Our House Basketball competition commenced this week and over the coming weeks a number of different activities will be happening at lunchtimes, including an anime club and book club. We are very keen to run different activities for our students during lunch, so if your child has an idea they should be sure to talk to their Student Leadership Executives.

Elevate Sessions

This week our Year 9, 10 and 11 students will be completing workshops with ‘Elevate Education.’ These seminars focus on supporting our students in understanding what they need to do in order to create an effective study program. It supports their learning and understanding in the classroom whilst also providing structure for their final years of schooling. Topics covered include: time management, student elevation and memory mnemonics.

Year 7 Family Evening – Meet and Greet

On Wednesday the 17th of February our school is inviting the families of our Year 7 students into the school for a ‘meet and greet’ night. The event will be held in our Trade Training Centre from 5:30pm – 6:30pm and a BBQ tea will be provided. This will be a great opportunity to meet teachers, ask any questions you may have and also gain assistance setting up your parent access to XUNO (our parent portal). Your child will be bringing a letter home regarding this night, please RSVP for catering purposes. We are looking forward to meeting and welcoming all families into our school.

Ellie McDougall
Principal

Ararat College is committed to child safety (Ministerial Order No. 870) and takes all reasonable steps to ensure that the safety of our students is paramount.

Ararat College acknowledges the Traditional Owners of the country throughout Victoria. We pay our respects to them, their culture and their Elders past, present and emerging.

A Message From our School Captains

Hello school community!

We would like to introduce ourselves as Ararat College's 2021 school captains – Mia and Jack! The Student Leadership Team is moving into this year with new and exciting ideas, and strong motivation to create change and continue to improve our experience as students at Ararat College.

Our vice captains for this year are Kate Sellon and Amy Clarke, accompanied by Summer Merrick as junior-vice.

Last year was a challenging year for our team, as it was for everyone, to keep the student body connected. The team worked hard to produce online content to bring a sense of community and positivity to students through 'Keeping up with the Captains,' online assemblies and other means.

This year, we hope to expand on the work accomplished by our previous captains. We plan to have a strong focus on our school values, represent our school in the wider community and, of course, grow the sense of community within our school.

The School Social was unfortunately a COVID casualty last year, halting our plans for a revamped event. We hope to pick up where we left off and create an enjoyable social for all sometime in 2021, abiding by restrictions.

There is no doubt that this is going to be yet another rough year with the virus still prevalent, but we hope to support our student body to remain connected, engaged in school and supportive of each other. It's a crazy time – looking out for each other has never been more important than now.

This year we will work hard to integrate ourselves into student activities and be friendly faces - approachable at all times. Come up and say g'day! We are already looking forward to spending some time with our newest peers on year 7 camp and dropping into mentor groups in the coming weeks.

Feel free to come up and see us in the yard and around school. We will continue to keep the school community informed about our work.

Bring on 2021!

Kindest Regards,

**Mia Wood and Jack Ward
2021 School Captains**

Pictured right:

**Mia Wood, Jack Ward, Kate
Sellon and Amy Clarke**

Absent: Summer Merrick



Year 8 Art



Year 8 Art have begun the year by learning mark making techniques in Art, beginning with the medium of oil pastel.

Students went on to use these techniques to complete an observational piece, using fresh flowers as their inspiration. They also looked at the artworks of American artist Georgia O'Keeffe and Australian Artist Margaret Olley and compared their individual styles.

Nicole Potter

Year 8 Art Teacher



Facemasks

Parents and students are reminded that students should be bringing a facemask with them to school each day. Facemasks have become a daily requirement for all public indoor spaces, which includes classrooms.

The school has a small supply of masks for **emergency use only**, when a student forgets to bring one to school.



From the Wellbeing Team...

STAYING HYDRATED

You might think you’re all muscle but about two-thirds of your body is made up of water.

Water helps keep your body’s temperature stable, it carries nutrients and oxygen to cells, cushions joints, protects organs and tissues and removes wastes. You lose water from your body through sweating, breathing, urine and faeces.

Being properly hydrated helps your body function at its best. Dehydration – not having enough fluid in your body – can cause headaches, fatigue, crankiness and poor concentration. It also affects your sports performance.

To stay properly hydrated, you need to give your body a certain amount of fluids every day. This includes water, milk and other drinks.

Recommended daily intake of water:

Age	Males	Females
9 - 13	1.6L/day = 6 glasses	1.4L/day = 5 to 6 glasses
14 - 18	1.9L/day = 7 glasses	1.6L/day = 6 glasses
Adults	2.6L/day = 10 glasses	2.1L/day = 8 glasses



You need to drink more on hot days or if you’re exercising. Make sure you drink plenty of water before, during and after physical activity to put back what you lose through sweat. We often don’t feel thirsty even when we’re dehydrated, so it’s a good idea to drink water regularly even if you aren’t thirsty.

Here’s a fact: a 250ml glass of apple juice or cola contains the equivalent of six teaspoons of sugar. Drinking just one can of soft drink every day adds up to 18 kilograms of sugar in a year!

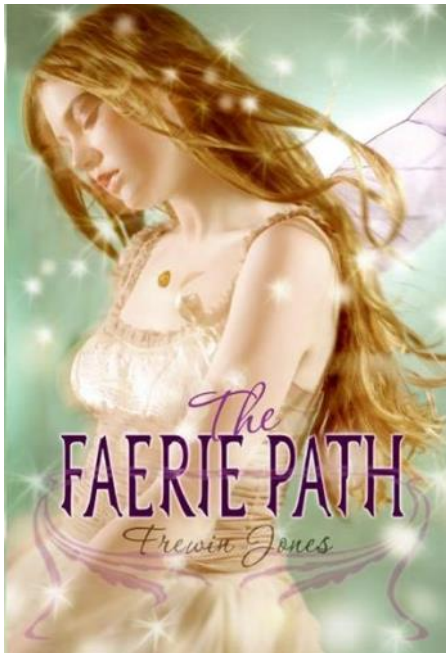
Drinking water also helps rinse your mouth and prevent tooth decay. Most tap water contains fluoride which helps develop strong teeth. On top of that, tap water is inexpensive compared to all other drinks.

Sugar sweetened drinks are not a necessary part of a healthy diet. They should only be consumed sometimes – not every day.

A great tip to staying hydrated is to use a large drink bottle that you like. If you carry this with you all day you will be more likely to drink from it and that way you will be able to track how much you are drinking per day.



Two new series for fans of fantasy novels are now available in the library.



Swept away into a court of magic and beauty, she discovers she is Tania, the lost princess of Faerie: the youngest daughter of Oberon and Titania. Since Tania's mysterious disappearance on the eve of her wedding five hundred years before, Faerie has been sunk in darkness and gloom. The courtly Lord Gabriel Drake, who Tania was once to marry, has found her and brought her back. With Tania's return, Faerie comes alive again as a land of winged children, glittering balls, and fantastic delights. But Tania can't forget Anita's world, or the boy she loved there. Torn

between two loves and between two worlds, Tania slowly comes to discover why she disappeared so long ago. She possesses a singular magical ability and she must use it to stop a sinister plan that threatens the entire world of Faerie.

A breathtaking novel about one boy's struggle for survival in a hidden society of witches.

You can't read, can't write, but you heal fast, even for a witch. You get sick if you stay indoors after dark. You hate White Witches but love Annalise, who is one. You've been kept in a cage since you were fourteen. All you've got to do is escape and find Mercury, the Black Witch who eats boys. And do that before your seventeenth birthday.

Easy.



Everyone is invited to the ARARAT COLLEGE BOOKCLUB



WHEN: Every second Thursday starting 18th February 2021.

WHERE: School Library - Enter via the door nearest to the SL Wing.

TIME: 1:10-1:15pm until the end of lunch.

WHO: Anyone who loves reading books.

WHAT TO BRING: Yourself, your book and please eat your lunch before you come.

Note: We won't be reading the same books, we will just be sharing what books we have been reading.

Mrs Prior.



CSEF 2021

Eligible secondary school students can receive \$225 **up to the age of 18 years** to be used specifically for students to undertake Camps and Excursions. Payments will go directly to the school and be tied to the student.

Who is eligible?

- Families holding a valid means-tested concession card or temporary foster parents are eligible to apply.
- If a student is a holder of a valid concession card (e.g. a Youth Allowance Health Care Card) in their own name they will be given special consideration.
- Eligibility will be subject to the concession card being successfully validated with Centrelink in 2021.

If you feel you are eligible to receive the above payment and have not made a claim yet, please contact the college office and we will happily assist you.

attendance **MATTERS**

Over the course of year students who achieved 98% - 100% attendance and those who have shown most IMPROVED attendance will receive a certificate and be eligible to win random prizes.

Ararat College would like to thank our local business community who have kindly made donations to assist with prizes for our students.

It is greatly appreciated by the students and our school community.



Harvey Norman



ATTENDANCE

Why is it important?



**100% – 96%
Excellent**

**95% -90%
Cause for concern**

**89% and below
This will have a drastic effect
on academic achievement**

**ARARAT STORM FEMALE
FOOTBALL CLUB**

COME TRY OUT!

**COME JOIN OUR CLUB! WE WILL
BE HAVING A COME TRY DAY FOR
UNDER 18'S AND WOMEN'S. NO
PRESSURE ON JOINING JUST
COME HAVE FUN.**

FEBRUARY 10TH | UNDER 18'S

5:00PM | WOMENS 6:00PM

GORDON STREET OVAL



ARARAT EAGLES FNC

**NEW
PLAYERS
WELCOME!**

JUNIOR NETBALL TRAINING

WEDNESDAY NIGHTS 4:30 - 5:30 PM

13 & UNDER, 15 & UNDER AND 18 & UNDER.

MEET AT THE NEW COURTS, PLEASE BRING A DRINK BOTTLE

FOR ALL ENQUIRIES CONTACT:

AIMEE HARRISON 0439 385 965 OR LISA HADDOW 0407 369 026

**READY
TO PLAY IN
2021?**



BASKETBALL AND FUTSAL

To register go to:
www.araratbasketballfutsal.com

**ANY QUESTIONS OR QUERIES
CALL
CASS ON 0409388129**



February 2021

Week 4	Monday	15	
	Tuesday	16	
	Wednesday	17	
	Thursday	18	
	Friday	19	
Week 5	Monday	22	Year 7 Camp
	Tuesday	23	Year 7 Camp
	Wednesday	24	Year 7 Camp
	Thursday	25	
	Friday	26	VCE /VET Music Excursion

March 2021

Week 6	Monday	1	Year 7 and 10 Immunisations
	Tuesday	2	
	Wednesday	3	
	Thursday	4	
	Friday	5	
Week 7	Monday	8	Labour Day Public Holiday
	Tuesday	9	
	Wednesday	10	
	Thursday	11	
	Friday	12	Maria Island Camp 12th –15th March
Week 8	Monday	15	Student Progress Report 1
	Tuesday	16	
	Wednesday	17	
	Thursday	18	
	Friday	19	School Photos
Week 9	Monday	22	
	Tuesday	23	
	Wednesday	24	Music Performance night
	Thursday	25	Parent / Teacher / Students Conferences
	Friday	26	Parent / Teacher / Students Conferences
Week 10	Monday	29	
	Tuesday	30	
	Wednesday	31	
April	Thursday	1	Last Day of Term 1
	Friday	2	Easter - Good Friday