

Engage Inspire Enjoy



VCAL Grape Picking

Wednesday was harvest day at the school farm, with the VCAL students picking the grapes they have been growing over the past twelve months.



Harvest Day



A Message from our Principal ...

Parent/Student/Teacher Progress Conversations

Thank you to all of our parents and families who have taken part in progress conversations with their children and their teachers this week. Working in partnerships with families is essential as we work towards our students achieving to the best of their ability. If you have not been able to access your child's report, please do not hesitate to contact our Office Staff on 5352 4177.

School Farm

This week there has been a lot happening down at our School Farm Campus. As well as harvesting the grapes, the new RAL homes building has been relocated and looks amazing! This will be a fantastic facility for our students once all construction has been completed. Thank you to our Business Manager Coralie Whitworth for her organisation in making this happen and Chris Barwick for working under some tight deadlines.



Preparing for the arrival of the RAL Homes building

9/10/11 Outdoor Ed Camp

This week our Year 9/10 and Year 11 Outdoor Ed classes have taken part in a surf coast camp in Torquay. Students have been surfing, canoeing and hiking whilst also learning about the local environment. Thank you to Mr Kriss Ellis and Ms Anne Henry for taking our students on this camp.

Student Activity Survey

Over the last couple of weeks we have asked for feedback from all students on what they would like to have available to them at recess and lunchtimes. The response from students has been fantastic and as result we have purchased new sporting equipment including new outdoor soccer goals. There will be more happening in this space in the coming weeks as we look at starting our Lego and Coding club and opening the library at specific times for students to breakaway to.

Ellie McDougall
Acting Principal

Ararat College is committed to child safety (Ministerial Order No. 870) and takes all reasonable steps to ensure that the safety of our students is paramount.

Ararat College Wellbeing Team

ALL ABOUT RESPECT

Respect is the glue that holds your relationships together. Learn to always be respectful and know what to do when someone isn't respectful to you.

WHY IS RESPECT IMPORTANT?

- ◇ Receiving respect from others is important because it helps us to feel safe and to express ourselves.
- ◇ Being respected by important people in our lives growing up teaches us how to be respectful toward others.
- ◇ Respect means that you accept somebody for who they are, even when they are different from you or you don't agree with them.
- ◇ Respect in your relationship builds feeling of trust, safety and wellbeing.
- ◇ Respect doesn't have to come naturally – it's something you learn.

WHAT DOES RESPECT LOOK LIKE?

Think about all the different situations in life where you have to get along with others – how do you know if there is respect in your relationship?



You feel safe being around each other



Neither of you are controlling the other person's choices



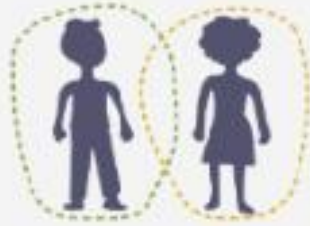
You know it's ok for both of you to express who you are



You both talk openly about your needs and wants



When you disagree you listen to each other and be patient



You both allow the other person space if they need it



You don't yell or talk over the top of each other



You can both admit when you've made a mistake

GETTING YOUR RELATIONSHIPS BACK ON TRACK?

Sometimes we find ourselves not feeling respected by other people including our family or friends. While it's not always possible to change somebody and make them respect you, there are some things you can try:

- ◇ Show people what respect looks like by being respectful yourself
- ◇ Spend time with people who are respectful and make you feel safe
- ◇ Tell the person what they are doing isn't ok and be specific
- ◇ Talk to somebody you trust like a parent, teacher or counsellor
- ◇ Try to understand their point of view
- ◇ Give that person a chance to change their behaviour toward you
- ◇ It's ok to end friendships with people if they can't be respectful and you don't feel safe around them

DON'T FORGET TO RESPECT YOURSELF TOO!

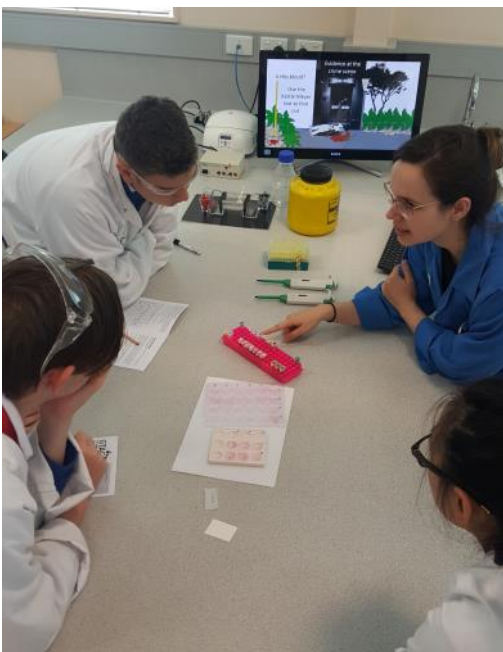
Being respectful toward others is one part of the puzzle. It's also important to have respect for yourself. Remember that you are valued. What you think and feel is just as important as what somebody else thinks and feels. Ending a relationship that isn't respectful is a way of respecting yourself.

Taylah, Bonnie, Leonie and Harlow

This Week in ... 9/10 Forensics

On Thursday, 14th March, the year 9/10 Forensic Science class travelled to Melbourne to go to the Gene Technology Access Centre. (Or GTAC for short). We left school at 7am and arrived in Melbourne about 10am. From there, we learnt about different types of blood, DNA genetics, and the structure of DNA. We learnt more about how DNA could be used to solve crimes, and how detectives collected that DNA for analysis from crime scenes. During our lunchtime, we went and explored the Melbourne University campus, and looked around Melbourne. The day was great fun and really enjoyable. I'd like to thank the people at GTAC, as well as Ms Rees and Penny for coming with us on the day.

James Mullin - Year 9



GTAC Excursion



2019 School Play

Buffy the Vampire Slayer!

Buffy seems to a normal, everyday student by day, but by night she saves the world as she is the only vampire slayer, this makes her unusually strong, very acrobatic and nimble, and one of a kind! There are many fun parts to play with students, vampires, demons, minions, soldiers, witches, a watcher (who advises & trains the slayer) and your everyday, garden variety, stuck up popular girls! There is also a know-it-all narrator, who unwittingly gets drawn into the play! The script is a work in progress, but the cast has been set and they will be terrific. I could not believe how many talented students we have in our midst and I was very pleased with the turn out to auditions! Term 2 rehearsals will begin!

Lead Roles

Buffy- Caitlin O'Brien

Understudy- Zafirah Davies-Harrison

Cordelia- Lauren Bowles

Spike- James Mullin

Angel- Zane Saunders

Narrator- Holly McAdie

Xander- Jack Ward

Willow- Toneya Hurst

Giles- Ash Evans-Schott

Demon of Dance- Harry Hauser

Medium Roles

Sabrina Teenage Witch- Zafirah Davies

Sgt Owen- Amy Clarke

Raven-(witch) Dakota Barrie

Sabrina (understudy)- Bella Fiegert

Salem- Mia Chace

Suzy- Mai Nguyen

(Josie & Pussycats Band)

Josie - Kiera Milsome

Valerie- Claire Leggett

Melody- Ally P

Phoebe – Bianca Carter

Dayna- (Witch) Ella McLoughlin

Becca- Emily Lewis

Mikayla-Bella Fiegert

Tonya- Tash Ferguson

Mrs Summers- Lana Fox

Faith- Aria Davies-Harrison

Vampires

Darla- Ash Sewastenko

Calamity- Hannah Hedger

Chandra- Sophie Townsend

Elena- Sruthi Kaluri

Adriana- Olivia Graham

Werewolves

Leah- Hannah Burns

Oz- Pat Smith

Layna- Chelsea Bond

Astrid- Tylah Wallis

Katya- Abby Shay

Smaller Roles

Soldiers

Xena- Olivia McGrath

Gerard- Will Townsend

Indi Will- non speaking soldier

Codey Woolley- non speaking soldier

Eloise- Alanna Robertson

Minions

Alexis - Claire Clark

Damon- Joe Smith

Anyah- Kilarnee Wilkinson

Nepal Expedition November 2020

Parent Information Night - Tuesday 26th March, 2019
6.30pm - 7.30pm in the Ararat College Library.

Dear Parents and Guardians,

Ararat College is excited to announce the launch of the next Antipodeans Expedition to Nepal. Open to all Year 9, 10 and 11 students, this is a once in a lifetime opportunity for your child to challenge themselves, embrace the world beyond the classroom and develop skills of leadership, resilience and mindfulness.

On the expedition, your child will have the chance to:

- Contribute to a sustainable, hands-on community service project aligned with UN Global Goals
- Participate on an adventurous team trek through stunning mountain scenery.
- Discover cities filled with prayer flags, temples and monkeys as you journey from stunning Kathmandu to tranquil Pokhara.

I'd like to invite you and your child to an information evening with Antipodeans, who have over 27 years of experience conducting high school Expeditions in the developing world. We'll discuss the Nepal Expedition and its benefits, the pre-departure program, safety procedures, fundraising, and answer any questions you have about this unique and rewarding educational opportunity.

Parent Information Evening - Please RSVP

Tuesday 26th March, 2019

6.30pm - 7.30pm in the Ararat College Library.

For further information about Antipodeans feel free to get in touch with Antipodeans (Mitch Brown: mitch@antipodeans.com.au) or me here at the College. If you have any difficulty or are unable to RSVP before the event, we encourage you to attend regardless!

We look forward to seeing you at the information evening.

Regards,

Mr Kriss Elliss

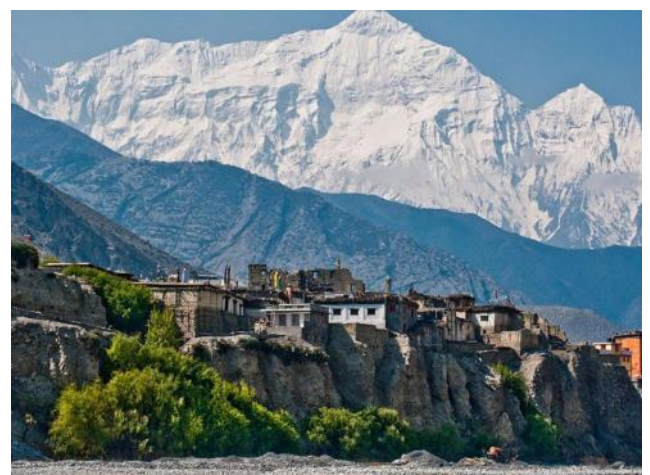
Mitch Brown

Senior Program Manager, Antipodeans

T: 1800 582 014

M: 0424 161 171 A: 1/561-563 Church St, Richmond
VIC 3121

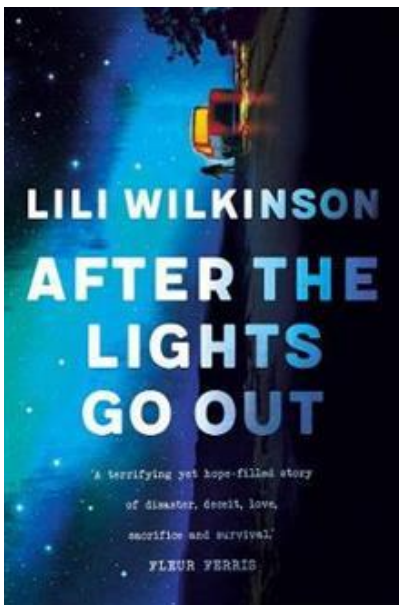
W: antipodeans.com.au



AC Reads

Student Book Review - Bianca Carter, Year 10

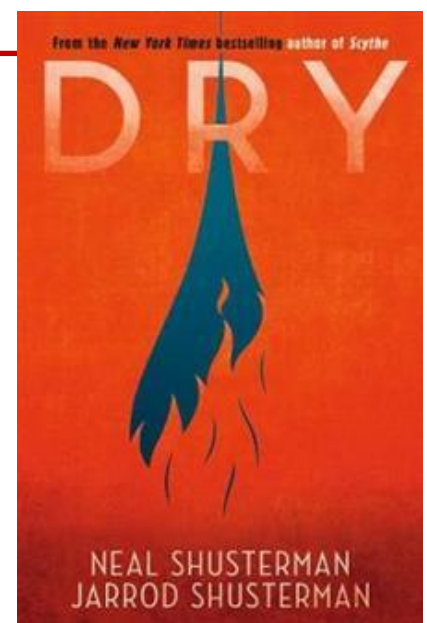
"Both of these novels were thought provoking and inspiring. I'd recommend them highly to other readers"



Seventeen-year-old Pru Palmer lives with her twin sisters Grace and Blythe and their father Rick, on the outskirts of an isolated mining community. Rick is a doomsday prepper. He has a bunker filled with non-perishable food and a year's worth of water. Each of the girls has a 'bug out bag', packed with water purification tablets, protein bars, paracord bracelets and epipens for Pru's anaphylaxis. One day while their father is at the mine, the power goes out. At their house, and in the town. No one knows why. All communication is cut. It doesn't take long for everything to unravel. In town, supplies run out and people get desperate. The sisters decide to keep their bunker a secret. The world is different; the rules are different. Survival is everything. But what will happen if their

bunker is discovered? A brilliant and terrifyingly compelling YA novel with life and death stakes that will keep readers on the edge of their seat

When the California drought escalates to catastrophic proportions, one teen is forced to make life and death decisions in this harrowing story of survival. The drought - or the Tap-Out, as everyone calls it - has been going on for a while now. Everyone's lives have become an endless list of don'ts: don't water the lawn, don't fill up your pool, don't take long showers. Until the taps run dry. Suddenly, Alyssa's quiet suburban street spirals into a warzone of desperation; neighbours and families turned against each other on the hunt for water. And when her parents don't return and her life - and the life of her brother - is threatened, Alyssa has to make impossible choices if she's going to survive.





Ararat Storm Girls Football Club

Wear your Storm colours to school day

Training:

When: Wednesdays and Fridays

Where: Richardson oval

Time: 4:30 till 6:00



Wear Ararat Storm Football colours to school day – **gold coin donations**



Team Bonding:

After a successful training and team building session we are still building our team, and looking for more players!



Friday the 29th March

- **Sausage sizzle –VCAL centre at lunchtime \$2.50**

We are aiming to make enough money to buy some equipment for the team.....



Ararat & District Junior Football Association
Registrations are now open for current and new players.
2019 season starts on Sunday the 7th of April at Richardson oval.

Any enquires please contact Jamie Toner 0419 565 034

ATTENDANCE



95%

=

47 LESSONS MISSED EACH YEAR
8 days in total or 1 week and 3 days

90%

=

95 LESSONS MISSED EACH YEAR
16 days in total or 3 weeks and 1 day

85%

=

142 LESSONS MISSED EACH YEAR
24 days in total or 4 weeks and 4 days

80%

=

190 LESSONS MISSED EACH YEAR
32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR
ATTENDANCE
FIGURES
ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days



ENJOY A FUN NIGHT
FULL OF MUSIC AND DANCE

ARARAT COLLEGE SOCIAL

- Doors open at 6:30pm, no entry after 7pm.
- Finishing at 8:30pm.
- \$2 Entry.
- Featuring DJ: Flynn J.
- Water provided.
- Funds raised will go towards the Good Friday Appeal.

THURSDAY 28TH MARCH
ARARAT COLLEGE GYM

Little Redbacks

Ararat Fitness Centre

Wednesdays

4:00-4:45pm

\$5 per session

**Each week develop your basketball skills and
earn your way to some amazing prizes!**

**Participants are required to register online
through the Ararat Basketball Association website
and pay a once a year insurance fee to
BVC Registration of \$40.58**

**Under 12s currently playing domestic competition are
welcome — cost is already covered with current
registration.**

**For further information email
ararat.redbacks@gmail.com**





Royal Children's Hospital

Good Friday Appeal 2019

The Ararat Fire Brigade is looking for Children/Parents/Families to help with the Royal Children's Hospital Good Friday Appeal street collection

When: FRIDAY, 19th April 2019

New Location: Register at Ararat Primary 800 Learning Centre, Cnr of King St & Rundell St AT 8.30AM

- *Children under 13 years of age must be accompanied by a parent or guardian over the age of 18*
- *Children will ride in buses and be supervised whilst collecting*
- *Morning Tea & Lunch supplied*
- *Collection will conclude approximately 2pm.*

For further information, please contact:
Peter Cooper on mob: 0407 363 811 or email: araratrcha@gmail.com

Calendar Term 1

(Week 9)	Monday	25	
	Tuesday	26	Year 7 Hearing Tests Nepal Parent Information Evening
	Wednesday	27	
	Thursday	28	School Social
	Friday	29	Maria Island Hike
(Week 10)	Monday	1	Maria Island Hike
April	Tuesday	2	
	Wednesday	3	
	Thursday	4	
	Friday	5	House Athletics END OF TERM ONE



HOST FAMILY REQUIRED

ARARAT ROTARY EXCHANGE HAVE
AN INTERNATIONAL EXCHANGE
STUDENT COMING TO ARARAT
COLLEGE IN JUNE, 2019 AND NEED
YOUR HELP!

PLEASE CONTACT EMMA HENRY FOR
MORE DETAILS ON 5352 4177
HENRY.EMMA.J@EDUMAIL.VIC.GOV.AU





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