



## Youth Journalist of the Year

We are so proud of Year 11 Student and School Captain Jack Ward for being named Youth Journalism International's 2020 Student Journalist of the Year, what an achievement!

Jack's dedication to following his passion in journalism whilst also striving to achieve the best results he can at school is inspirational. Not only is Jack dedicated to his studies and budding journalism career, he is also a kind and caring person who takes the time to listen to people whether they are telling him a story, giving him feedback or just want to have a chat, which is a fantastic quality that also makes him a winner in our eyes. Keep doing what you're doing Jack, the sky is the limit!

**Melissa Murnane**  
Senior School Leader

### **What is Youth Journalism International?**

*To spotlight some of the exceptional journalism done by students across the globe, Youth Journalism International sponsors an annual contest. Our hope is that by calling attention to the best work in English by student reporters, cartoonists and photographers, we can further our mission of promoting a free youth press. It is yet another way to showcase the voices of the next generation. This year's student journalism contest will recognize outstanding work published between January 1, 2019 and December 31, 2019.*



## Congratulations Jack!



# ***A message from the Principal.....***

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## **Staggered Return to school**

As most families are aware, there is now some light at the end of the tunnel in regards to remote learning as we begin to plan for a staggered return to school. I again would like to thank all families for their support, understanding and willingness to work with us in delivering a remote learning program! Communication regarding the stages of returning to school went out electronically on Wednesday and was also posted out on Thursday. Please find the key points below.

## **STAGE 1:**

Beginning Tuesday May 26<sup>th</sup>:

- Year 11 and 12 students will return to school. This includes both VCAL and VCE.
- Students in Year 9 or 10 who are undertaking a VCE or VCE VET subject should also attend for these classes where practicable.
- Monday May 25<sup>th</sup> will be a pupil-free day to allow for staff to prepare for this transition.
- Students in Year 7-10 will continue to be supported via our Remote Learning Program.
- The current process and guidelines for on-site supervision will remain in place. If your child is already attending on-site please continue to follow this process. For families who require more information about this please [click here](#) or contact our office on 5352 4177 or email us at [Ararat.sc@education.vic.gov.au](mailto:Ararat.sc@education.vic.gov.au)

## **STAGE 2:**

Beginning Tuesday June 9<sup>th</sup> (following the Queen's Birthday public holiday):

- All students are expected to return to school and attend as normal.

## **OTHER IMPORTANT INFORMATION:**

- Once a year level has returned, all students will be expected to attend school as normal. This means if you choose to keep your child/children home after their year level has returned to on-site schooling, we can no longer support their learning from home.
- This does not apply to children who need to be absent for health or medical reasons. For those families, please contact us so we can make an appropriate plan.
- An enhanced cleaning routine will be in place throughout the remainder of Term 2 and Term 3. Frequent hand washing and the use of hand sanitiser will be actively encouraged.
- If your child is ill or is feeling unwell, they **must not** attend school. They must remain home and seek medical advice. If a student reports being unwell at school families will be notified immediately, please make sure your contact details are up to date.
- During drop off and pick up we ask that you **remain in your vehicle**. This is to avoid unnecessary congregation of people at the school.
- Buses will run as normal for students.

- Access to the school will be restricted for anyone other than immediate school staff and students.

This same approach is being taken by all government schools in Victoria.

We understand that some families may feel anxious about this move back to classroom teaching and learning. I can assure you that this decision has been taken on the basis of the best health advice available to our state.

More information about the return to school and coronavirus (COVID-19) can be found on the Department's website, which will continue to be updated:

<https://www.education.vic.gov.au/about/departments/Pages/coronavirus.aspx>

### **Support for families**

I would also like to remind families that we understand the current environment has resulted in some difficult times for some people in our school community. We are keen to support however possible so if you need assistance please contact myself or Emma Henry. Alternatively if you know of another family within our community who would benefit from some extra assistance please get in touch.

### **Remote Information Night**

Next week will see our 'Remote Information Night' released on our social media channels. This is for prospective Year 7 2021 students/families or even those who will begin Year 7 in 2022. Please let anyone know who may be interested, so make sure they are following our social media accounts.

### **Video Messages in Remote Learning**

Whilst working in this virtual environment one of the positives has been the creativity and ingenuity of some staff and students. This week we saw this in a video created by our staff on ways to de-stress during COVID-19 and also the first episode of 'Keeping up with the Captains' which was sent out to students. If you haven't already checked these out, please feel free to have a look.

**Ellie McDougall**

**Acting Principal**

## **Student Attendance**

*A reminder to all that students need to log into their mentor groups each day for their attendance to be marked as present. Students who do this will have their attendance counted towards the term 2 attendance raffle and prizes.*



# Year 9/10 Art - Monoprints

Students in 9/10 Arts classes have been experimenting with a technique called Monoprint. Here a few examples of the fine work they have produced.



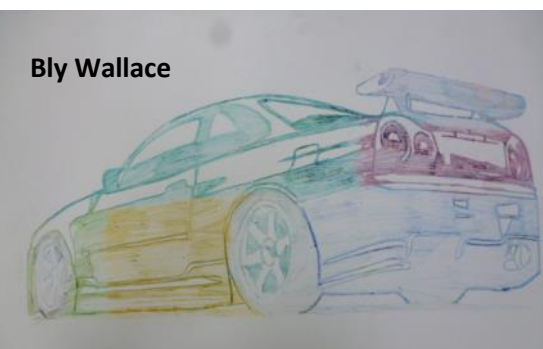
Angus Cavanagh



Emma



Amiel Lillis-Pattison



Bly Wallace



Jed Moncrieff



Jake Thomas



Cara Jones

## LIBRARY ACCESS

IS BY APPOINTMENT ONLY

*We know that many of our keen readers are ready for a change of Books ... so the library will now be open by appointment only for one student (or family) at a time. Please email [Alison.Jacobs@education.vic.gov.au](mailto:Alison.Jacobs@education.vic.gov.au) with your preferred day and time, which will be confirmed with you by return email. Or, if you already know the title of the book you'd like to borrow, you can email that and collect it from the front office."*







## AUSTRALIA AND NEW ZEALAND DAY OF IMMUNOLOGY

### PUBLIC LECTURE 2020

#### Gut Immunology - Trouble in the Deep South!

Where: Your lounge room!  
When: 15<sup>th</sup> May 2020 5.30pm AEST  
Bookings: [via Eventbrite](#)

Enjoy social distancing by learning about your fascinating immune system! Our gut immune system experts who will discuss worm infections, gut cancers and coeliac disease.



**"Harnessing gastrointestinal immune cells in the fight against cancer."**

**Dr Lisa Mielke**, Oliver Newton-John Cancer Research Institute (ONJRI)  
*Exploring the relationships between our immune cells in the gut, our diet, microbiome and development of cancer, while highlighting potential new strategies to exploit immune cells in the fight against cancer.*



**"The gut and food: when things go wrong."**

**A/Prof Jason Tye-Din**, Walter and Eliza Hall Institute (WEHI)  
*Our gut immune system has an intimate relationship with the food we eat. But what happens when they break up?*



**"Guts, worms and bacteria: a frightful or valuable trilogy?"**

**Prof Nicola Harris**, Monash University at the Alfred Centre  
*Intestinal worms cause diseases if not controlled by the immune system, but their eradication is associated with a rise in allergic and autoimmune diseases. Can worms can protect us by interacting with the gut microbiome?*

The evening will be chaired by **Dr Shalloo Naik**, from the WEHI and 'Ask the Doctor' on ABC TV and will be followed by a Q&A session.

DayofImmunology

@DayofImmunology

[dayofimmunology.org.au](http://dayofimmunology.org.au)

doi:

## HOW TO STAY MOTIVATED WHILE REMOTE LEARNING

HERE ARE SOME WAYS WE CAN STAY MOTIVATED TO COMPLETE OUR SCHOOL WORK WHEN WE ARE LEARNING FROM HOME!

### SET GOALS

Make separate lists for short term and long term goals. Make sure they are reachable but require some work to obtain. Each morning set daily goals so that when completed, give a sense of achievement.

### BREAK YOUR TASKS INTO CHUNKS

Big tasks can be overwhelming. Try breaking the tasks into achievable chunks so you are more likely to tackle them.

### GET INTO A STUDY ROUTINE

It is generally easier to stay motivated if your studying becomes part of your everyday life and routine. This can also assist in staying on task. It is also important to maintain a routine to help with your eating habits and sleep routine.

### CELEBRATE ACCOMPLISHMENTS

When you accomplish your goals, reward yourself. This can be done by taking a small break or doing something you enjoy. Make sure this is apart of your goal setting. For example, at the beginning of the day when you set your goals, write down your reward at the bottom so you know that you are striving to achieve that goal.



# GO PINK

**Wear it. Shave it. Colour it.**

**Let's raise funds for research into early detection and preventative treatments for breast cancer.**

## Donna Lavery

I have decided to join the **GO PINK** for Breast Cancer community this year. So far I have chosen to dye my hair pink.

My intention is to aim for the Queen's Birthday Weekend to do this. If I raise over \$500 I will wear either a pink tutu or a pink onesie to school for the week prior to the end of Term 2 in June.



If you would like to make a donation, this is the place to go.

<https://fundraise.nbcf.org.au/fundraisers/donnalavery>

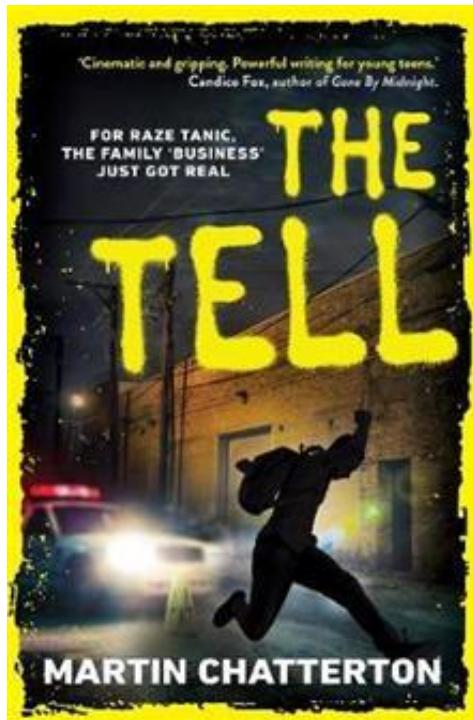


Call: 1300 803 551 Email: [gopink@nbcf.org.au](mailto:gopink@nbcf.org.au)  
@nbcfau #gopink [gopink.org.au](http://gopink.org.au)

# AC Reads

Looking for some excitement and adventure?

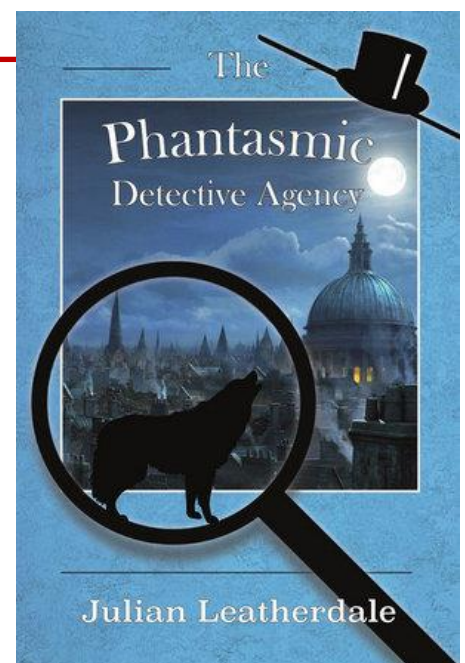
These new novels are ready for borrowing from the library.



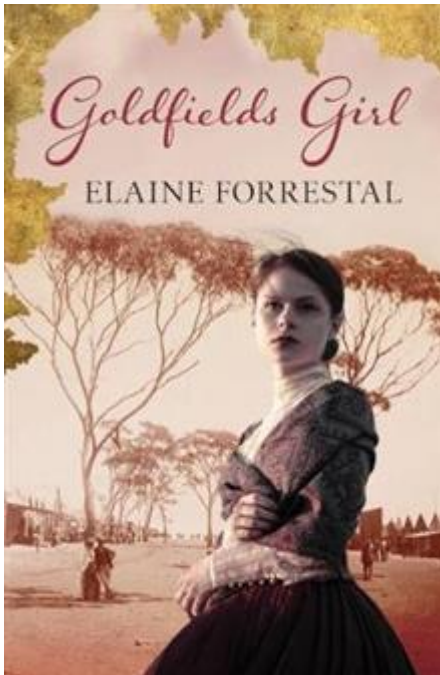
The world turns on moments like these. Crossroad moments; a toss of the coin . . . I see half my face in deep shadow, eyes glittering like diamonds, the resemblance to my father never stronger.

Rey Tanic is not like other 14 year olds. His dad is a mafia boss. His dad is also in jail. When Rey's life explodes, every decision he makes will shape the rest of his life. How far does the apple really fall from the tree?

London, Christmas Eve, 1911: the world is changing fast: giant warships, aeroplanes with bombs, spies and assassins, fear of war with Germany. And the cosy lives of teenagers Lily and Leo Keeler, who long for adventure, are about to be torn apart by secrets, espionage and monstrous creatures from the shadows. When a shadow puppet play unexpectedly releases the hungry spectre of Shadow Wolf, Lily and Leo get more adventure than they ever bargained for, as they battle the threat with their uncle Alfred, a brilliant, notorious Sherlock Holmes like paranormal detective. But that proves to be only the first mystery in a conspiracy that threatens the whole Keeler family, as they are chased by a ruthless spy ring determined to harness the dark forces of Magic as weapons of war...

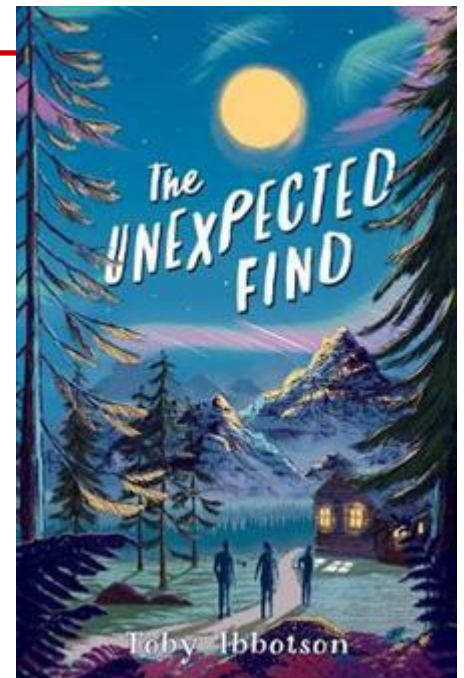






When she moves to the new outback town of Coolgardie to live with flies, red dust and rowdy prospectors, feisty fifteen year-old Clara Saunders is in search of adventure. A friendship with Jack, the handsome young water carter, is a promising start, but life in the goldfields is harsh and is set to test the limits of Clara's fierce determination. Set in 1892, this exciting new adventure for middle readers is based on a true story and rediscovers a forgotten part of Australia's history - the pioneering young women who lived and battled alongside the fossickers and fortune hunters, the bandits and bushrangers, to survive in outback Australia.

When the hurricane finally came, it came quite suddenly to the town where Simon lived. A few gusts of wind pushed leaves around on the pavements, and some big drops of rain pitter-pattered on the roofs of parked cars and bus shelters. But then there was a stillness. It was so still that it seemed odd - as though the wind was taking a great big deep breath. And then... It began. On the night of a terrible storm when Simon discovers a mysterious object that has lay hidden beneath a centuries old tree, he instantly knows that it's special. But that's not the half of it - because that doesn't even factor in how Simon met Judy, the search for Judy's missing father, the journey to Sweden, the crash, the fight, everyone they meet along the way, and the fact that, somehow, Simon's unexpected find turns out to be useful in the most truly unexpected way.



Remember, even though we're still learning remotely, you can still request books that you'd like to read.

If we already have a copy, you'll be able to collect it from the front office.

If we don't already have it, we'll order it in for you.



# WHO TO CONTACT IF...



## MY CHILD IS HAVING DIFFICULTY WITH THE WORK

Subject Teacher  
Sub School Coordinator



## I'D LIKE TO SPEAK TO SOMEONE ABOUT MY STUDENTS WELLBEING

Wellbeing Team  
Sub School Coordinator  
Sub School Leader



## MY STUDENT IS HAVING ISSUES WITH TECHNOLOGY

Principal Class  
Sub School Coordinator  
Sub School Leader  
IT Technician at school



## I HAVE A QUESTION IN RELATION TO FEES OR MY FAMILY NEEDS SUPPORT

Contact the College Office



## MY STUDENT HAS WITNESSED INAPPROPRIATE BEHAVIOUR ONLINE

Classroom Teacher  
Sub School Coordinator  
Sub School Leader



## I JUST HAVE A GENERAL QUESTION

- Contact your Childs Sub School Coordinator or Sub School Leader



# staff CONTACTS

## PRINCIPAL CLASS

Ellie McDougall - Acting Principal  
ellie.mcdougall@education.vic.gov.au

Emma Henry - Acting Assistant Principal  
emma.henry@education.vic.gov.au

## YEAR 7 & 8

Ben Krol - Sub School Coordinator  
Benjamin.Krol@education.vic.gov.au

Angela Ettles - Sub School Leader  
Angela.Ettles@education.vic.gov.au

## VCE & VCAL

Melissa Murnane - Sub School Leader  
Melissa.Murnane@education.vic.gov.au

Andrew Sherwell - Careers Coordinator  
Andrew.Sherwell@education.vic.gov.au

## YEAR 9 & 10

Janine Poole - Sub School Coordinator  
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Kriss Ellis - Sub School Leader  
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## WELLBEING TEAM

Taylah Jamieson - Youth Worker  
Taylah.Jamieson@education.vic.gov.au

Steph Carroll - Counsellor  
Steph.Carroll@education.vic.gov.au

Leo Cowey - School Nurse  
cowey.leonie.m1@edumail.vic.gov.au

## THE COLLEGE

Front Office  
(03) 5352 4177

Kevin Bowles - IT Support  
ararat.sc@education.vic.gov.au



Ararat College is committed to child safety (Ministerial Order No. 870) and takes all reasonable steps to ensure that the safety of our students is paramount.

*Ararat College acknowledges the Traditional Owners of the country throughout Victoria. We pay our respects to them, their culture and their Elders past, present and emerging.*